



Walking Club

SCIT & SECR Employee

SCIT & SECR Employee Walking Club

12-1 p.m. | SECR

January 2018

Week 1

- Jan 1*
- Jan 3*

Week 3

- Jan 15*
- Jan 16*
- Jan 27*

Week 5

- Jan 29**
- Jan 31**

Week 2

- Jan 9*
- Jan 10*
- Jan 11*

Week 4

- Jan 22*
- Jan 24**

*Indicates walking in SECR Entertainment Hall.

**Indicates walking in SECR front hallway or outside.

Lets Get Moving!

All employees and Tribal Members can

Walk at Morey Courts anytime for free!

For more information, please contact:



Good Health, Great Life

Toni Smith

Wellness Coordinator

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Saginaw Chippewa Indian Tribe of Michigan

“Working Together for Our Future”

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